March 3 Bread from Heaven

When the children of Israel saw it, they said one to another, "What is it?"...Moses said to them, "It is the bread which Yahweh has given you to eat." – Exodus 16:15

[John 6:22-40] On the next day, the multitude that stood on the other side of the sea saw that there was no This is the work of other boat there, except the God...believe in him one in which his disciples had embarked, and that Jesus whom he has sent hadn't entered with his disciples into the boat, but his disciples had gone away alone. However boats from Tiberias came near to the place where they ate the bread after the Lord had given thanks. When the multitude therefore saw that Jesus wasn't there, nor his disciples, they themselves got into the boats, and came to Capernaum, seeking Jesus. When they found him on the other side of the sea. they asked him, "Rabbi, when did you come here?"

Jesus answered them, "Most certainly I tell you, you seek me, not because you saw signs, but because you ate of the loaves, and were filled. Don't work for the food which perishes, but for the food which remains to eternal life, which the Son of Man will give to you. For God the Father has sealed him."

They said therefore to him, "What must we do, that we may work the works of God?"

Jesus answered them, "This is the work of God, that you believe in him whom he has sent."

They said therefore to him, "What then do you do for a sign, that we may see, and

believe you? What work do you do? Our fathers ate the manna in the wilderness. As

it is written, 'He gave them bread out of heaven to eat.'" [Exodus 16:4]

Jesus therefore said to them, "Most certainly, I tell you, it wasn't Moses who gave you the bread out of heaven, but my Father gives you the true bread out of heaven. For the bread of God is that which comes down out of heaven, and gives life to the world."

They said therefore to him, "Lord, always give us this bread."

Jesus said to them, "I am the bread of life. He who comes to me will not be hungry, and he who believes in me will never be thirsty. But I told you that you have seen me, and yet you don't believe. All those whom the Father gives me will come to me. He who comes to me I will in no way throw out. For I have come down from heaven, not to do my own will, but the will of him who sent me. This is the will of my Father who sent me, that of all he has given to me I should lose nothing, but should raise him up at the last day. This is the will of the one who sent me, that everyone who sees the Son, and believes in him, should have eternal life; and I will raise him up at the last day."

The Jews therefore murmured concerning him, because he said, "I am the bread which came down out of heaven." They said, "Isn't this Jesus, the son of Joseph, whose father and mother we know? How then does he say, 'I have come down out of heaven?"

1. What's the turning point in this story? Why does Jesus say this? How do they respond?

2. Are you working or believing? How is believing a work? Do you seek signs? How so?

3. Jesus, I'm hungry and thirsty for recognition and approval; please give me yourself so...